# Hermon Mountain Learn to Ski/Snowboard Program

## Learn to Ski/Snowboard ability levels

#### **SnowFlakes (3-4yrs)**

In this class parents and instructors work together to teach the children to ski and love the snow. Children must be accompanied by a skiing adult. The adult ticket is included in the program cost.

Level 1 White - Never ever beginner Has had equipment on, is working on but not mastered the wedge (pizza) independently in the beginner area (front of lodge). Level 2 Green - Stops, glides and controls speed using the wedge (pizza) in the beginner area (front of lodge). Working on turns in the beginner area.

#### **SnowFlurries/Juniors (5-12)**

In this class there are 5 levels. Please read through the levels below to help determine which level best describes yourself or your child.

Level 1 White - Never ever beginner and/or cannot come to a stop on their own. They will be in the beginner area learning the basics of balancing and gliding on the snow.

Level 2 Red - Can stop and glide in a wedge and are working on turning and getting up on their own. They take their first ride on the chair lift after mastering the beginner area.

Level 3 Green - Can link turns and make and hold different size wedges for control on different terrain. Can ride the chair lift with confidence and ski green terrain (slow poke and lazy lane). Is ready to learn beginner parallel turns (wedge christies and skid turns).

Level 4 Blue - Can ski harder green and easier blue trails using a wedge christies and/or open parallel turns. Working on parallel turns on blue trails and is ready to learn to use poles.

Level 5 Black - Can make open parallel or skid turns on all blue trails and are beginning to explore groomed black trails (cloud 9). Are working on advanced/dynamic parallel turns on steeps, in bumps and on ungroomed trails. This skier's focus can be to master the art of carving turns (racer style) on the groomed trails.

### **Snowboarding/Juniors (5-12)**

The first three levels of snowboarding can be very slow to master, and each student is different. Don't rush! Learn it and practice, practice, practice!

Level 1 White - Never ever beginner.

Level 2 Red - Working on toe-edge and heel-edge turns in the beginner area (front of lodge).

Level 3 Green - Becoming comfortable with linking turns in the beginner area and is ready to learn the chair lift and green trails(slow poke and lazy lane).

Level 4 Blue - Confident in linking turns on green trails (slow poke and lazy lane) and working on blue trails, may be starting to carve turns.

Level 5 Black - Working on riding on steep trails, hard blue and easier blacks (cloud 9). Working on carving turns and using short linked turns in bumps and on ungroomed trails.