

Snowflakes

A Publication of the Penobscot Valley Ski Club, www.pvskiclub.org

INSIDE THIS ISSUE...

- Ski Sale (p. 2)
- Anne Goodnow Hanson (p. 3)
- Alpine Racers (p. 4)
- New Members (p. 4)



-Sugarloaf, Sunday River Vouchers (p. 5)

-Spaghetti Supper (p. 6)

-Learn to Ski/Board (p. 7)

-At the Spaghetti Supper (p. 8)



Ski Sale a Success

Snow has arrived with an impressive first show of winter, and the ski season is just around the corner. PVSC has a number of programs for those learning to ski, those planning ski adventures to the western mountains, and those who want to sharpen their skills and perhaps get in a little downhill or cross-country competition.

PVSC and Dave and Gabe Gauvin extend a hearty thanks to everyone who turned out to volunteer for this year's ski sale, which was one of the busiest ever. The Club owes a great debt of gratitude to Dave and Gabe for another job well done, and to the volunteers. Dave has organized the sale for many years, and his experience, along with the enthusiastic

help of scores of volunteers, ensures a smooth-running and successful operation. Thanks Dave!

The Ski Sale is by far our most important source of funding, as well as our greatest source of regional visibility. People learn about the sale largely through word-of-mouth, and this also spreads the word about PVSC. Each person who comes through the door learns something about all our programs. The Ski Sale demonstrates the value of the club to the surrounding communities as well as the dynamism and enthusiasm of our Club membership. It was well advertised, well organized, and well patronized; we all benefit from the work our volunteers do and appreciate their giving up a good part of their weekend for this crucial event.

Ninth Annual PVSC Pizza Night at Hermon Mountain, November 11 at 6:30 PM



Come join fellow PVSC members at our **Ninth Annual Pizza Night, 6:30 PM** at New Hermon Mountain Lodge on November 11. Skiers and snowboarders can catch up on club activities, get re-acquainted with last year's ski partners, meet new members, eat free pizza, *and get involved*, as we set our sights on the off-peak skiing season, beginning hopefully later this month. Ski areas everywhere are posting their opening dates. Our past eight Hermon Mountain Pizza Nights saw some great turn-outs, with around fifty members, and if you're new to the Club, this is the place to see what membership is all about. We will be discussing the recent ski sale and plans for our upcoming ski programs, including Nordic and Alpine practices and races, upcoming Club meetings, the learn-to-ski programs, and trips to western Maine and Quebec.

New members are always welcome! As always, we want to express our thanks to Bill and Marlene Whitcomb for hosting us at the Hermon facility, and to Gretchen and Dan Gagnon for providing pizza and drinks!

Please bring a dessert to share.

By the way....

Season passes are now on sale at New Hermon Mountain. To order your pass, fill out the form on the New Hermon Mountain web page and send it, along with a recent wallet-size picture and a check or money order, to New Hermon Mountain, Inc., 126 George Road, Prospect, Maine 04981.

A Message to All PVSC Ski Sale Volunteers

As always we would like to thank all the volunteers for their help; without them, this sale could not happen. Once again we had a very successful sale, raising several thousand dollars for the Club. According to our vendors, the Penobscot Valley region is one of the strongest -- if not *the* strongest -- ski markets in the state. We have a great group of vendors, and this also adds to our success. Again this year, we had a lot of enthusiasm about our cross-county equipment, which is a reflection of our growing and expanding Nordic program. That, and the racing and learn to ski programs, added to the Ski Sale's success: learners and racers need equipment too!

Cindy and Bob Dunlap were there to run the sign-up table for new members and renewals, which appeared to be very busy this year. The cash register, security, and back room volunteers put in long hours: thanks to everyone who assisted in this phase of the operation. Thanks also to those who helped with set-up on Friday and clean-up on Saturday afternoon.

A special thanks to Dave and Gabe Gauvin. Without their help this sale would not have been a success!





Renew your Membership for 2014-2015 -- *and encourage a friend to join!*

It's time to pay dues for the 2014-2015 season. For renewing members, if all information is the same as last year, simply write your name and "same" in the address space below. Please check/ update your e-mail address. The old corporate cards are no longer valid, but Sugarloaf and Sunday River will honor paper vouchers from PVSC for discounts up to 20 percent

on lift tickets (see p. 4). If you plan to ski at Sugarloaf and/or Sunday River, contact Cindy Dunlap for vouchers. If you plan to go on any of the PVSC bus trips, you will need to pay your PVSC dues first.



J O I N, or D I E.

Please complete this form, and send with payment to the address below. (Note: Memberships are accepted by mail or at monthly meetings only. Not over the phone, please.)

Membership Number _____ (club use only)

NEW RENEWAL

Date _____

Committee Interests
(Please Select at least one):

- Refreshments
- Event Planning
- Ski Sale
- Downhill Racing
- Nordic Program
- Trail Maintenance
- Bog Race
- Trip Development
- Learn to Ski
- Publicity

Name _____

Mailing Address _____

Phone Number _____

Email Address _____

Other Family Members _____

All members are expected to work the Ski Sale, serve actively on a committee, or help out with Club work in some other capacity. We need volunteers to keep the Club growing and expanding.

Ski Interests Alpine Nordic Both

Membership Fee: \$35 Family \$25 Individual

Return form and fee to: Cindy Dunlap, 7 Woodland Drive, Orono, ME 04473

Please make checks payable to "PVSC."

Anne Goodnow Hanson passed away on July 6 this past summer. Anne was an active member of PVSC, cherished by all who knew her and dedicated to the Club's mission of promoting winter sports in the central Maine region.

Anne grew up in Danvers, Massachusetts, and attended University of Maine, where she studied microbiology. While at the University, she worked as a ski instructor at Squaw Mountain, and it was there that she met Tom Hanson, a fellow skiing enthusiast and long-time contributor to PVSC. Anne and Tom were married in 1974. After her degree from Maine, Anne received a masters degree in Biology from Rensselaer Polytechnic Institute in 1977, and Anne and Tom moved to Orrington, where they raised their two daughters. Among other professional activities, Anne was an inspiring and dedicated teacher at Husson University, University College, and the University of Maine until her retirement in 2012.

Anne served as President of Penobscot Valley Ski Club and as a board member of the Sugarloaf Ski Club, where she was very active in the junior racing program. In addition, she volunteered at local and national ski races.

PVSC extends its heartfelt sympathies to Tom and to Sarah and Emily and their families.



Racers.... and anyone between ages 8 and 14 looking for an exciting 2013 ski season

With luck, the western mountain areas will be opening later this month, and we will be counting down to the 2013 racing season. *If you are between the ages of 8 and 14 and can ski intermediate runs like Hermon's Cloud Nine, consider the PVSC Racing Program.* We're looking forward to an exciting and eventful season this year, with lots of enthusiastic returning racers willing to help out first-timers. We will be using our new portable wireless timing system again this year, which allows us to time our practice exercises and keep our races running smoothly. As an added bonus, we upgraded the timing system to allow us to time dual slalom runs -- so expect more of these course sets. We will run two sessions, with four Saturday practices each session on Cloud Nine, with three or four "away" races and our own Chip Cochrane Invitational and Family Fun races at Hermon.

We began the PVSC Racing Development Program in 1999, and with solid PVSC support over the years, it has grown into a strong and varied platform for sharpening ski skills, sustaining young people's interest in skiing, and introducing our young racers to the possibilities for continuing Alpine racing in high school and beyond. The program has expanded to around forty participants, and today enjoys a sound reputation throughout central and northern Maine for its committed racers, supportive parents, unfailing enthusiasm, and good sportsmanship. We are certainly proud of what we have accomplished, and we invite new families to join us this season to push the program forward.

Our coaching staff this year includes Karen McLeod and Richard Judd. Karen's brother Mike coached the team for three years while attending Maine Maritime Academy. Like Mike, Karen grew up racing under the tutelage of their father, a long-time coach. Karen is looking forward to working with our skiers to improve style and performance. Our new Slim Melvin timing hut is in its sixth season, and we've been working to improve our timing gear.

It's not too early to begin thinking about pre-season conditioning and equipment. You should be jogging, walking, biking, or engaged in a brief daily regimen of sit-ups, leg lifts, or wall sits. Walking stairs is good conditioning for upper leg development, and that's important in a slalom or GS course.

Haul out your skis and check the edges and bottoms for nicks and gouges: spring skiing puts a lot of wear and tear on skis, and you will want them in good shape for the start of the season. *As always, we will depend on parents for on-the-hill help in setting gates, starting racers, working with the timing and PA systems, handling bibs, and all-around arranging and coordinating.* Thanks for your support in the past.

-Program Director Annette Nelligan



Registration Form
PVSC Racing Development Program
Session #1 Saturdays, January 3 ,10, 17, and 24, 2015

Participant: _____ DOB: _____ Gender: M F

Parent/Guardian: _____

Address: _____

Parent's E-mail address: _____

Home phone: _____ Cell phone: _____

Second emergency contact (name, phone, address):

Please circle the enrollment fee(s) that apply to you: (You must be a PVSC member to race --- non-members can join PVSC below)

PVSC member? (circle one) YES NO (if no, please enclose \$25 for individual, \$35 family membership in addition to program registration fee below)

Racing program session registration fee:

\$90 /session (for those without season pass to New Hermon Mountain)

\$30/session (for those with season pass to New Hermon Mountain)

Make checks payable to:

Penobscot Valley Ski Club

Mail registration form and check to:

Annette Nelligan

24 Albert Lane

Glenburn, ME 04401

Alpine skiing and ski racing are inherently dangerous sports. I acknowledge those risks and grant permission for my child to participate:

_____ Date _____
Signature of parent or guardian

YES I give permission for pictures of my child to be used in the PVSC Snowflurries newsletter

NO I do not give permission for pictures of my child be used in the PVSC newsletter

***Registration is on a first-come first-serve basis - sign up NOW!

***Skiers who are not paid in full will not be allowed to participate

***All skiers must wear a helmet to participate



Members! Be sure to take a Club voucher with you to Sunday River and Sugarloaf for Club discounts. The mountains have not announced their corporate discounts yet, but they usually run at about 10 percent of the purchase price. For vouchers, you can email Cindy Dunlap at skiclub@pvskiclub.org, or Robert Dunlap at robert.dunlap@maine.edu. You will have to show your PVSC membership card, along with the voucher, at the ticket counter.

Ski Rack Sports across from the Mall in Bangor is offering a 10 percent discount on ski gear to PVSC members -- Just show them your membership card.



PENOBSCOT VALLEY SKI CLUB
LEARN TO SKI/SNOWBOARD PROGRAMS
2014-2015 Information

PENOBSCOT VALLEY SKI CLUBS LEARN TO SKI/SNOWBOARD 2013 SEASON INFORMATION (See p. 7 for application form.)

PVSC and Hermon Mountain are pleased to offer ski and snowboard lessons for adults and children of all abilities. The program consists of two sessions of 4 lessons/lift tickets. The prices below are for active members of PVSC

Snow flakes- ages 3-4 w/ parent. \$45/four weeks 9:30-10:30 a.m. Includes (2) ½ day lift tickets.

Session 1: (Saturdays only) January 3,10,17,24

Session 2: (Saturdays only) January 31,7,14,21

Snowflurries- ages 5-8 \$45/four weeks 9:30-11:00 a.m. Saturday or Sunday. Includes ½ day lift ticket.

Session 1: January 3/4, 10/11, 17/18, 24/25

Session 2: January 31 & Feb 1 February 7/8, 14/15, 21/22

Blizzards- ages 9-12 \$45/four weeks 9:30-11:00 a.m. Saturday or Sunday. Includes ½ day lift ticket.

Session 1: January 3/4,10/11, 17/18,24/25

Session 2: : January 31 & Feb 1 February 7/8, 14/15, 21/22

Teens/Adults- ages 13 & up \$75/four weeks 6:00-7:30 p.m. Friday eves. Includes rentals and evening lift ticket.

Session 1: January 2, 9,16, 23

Session 2: January 30, February 6, 13, 20

Rental equipment is available for tots and juniors for additional cost. Please contact Hermon Mountain for current pricing. We recommend arranging your rental before the first day of class to avoid waiting. Please arrive a half hour prior to start of lesson to be dressed and ready outside for class start time.

Hermon Mountain sometimes needs to cancel lessons due to inclement weather. Call them at 848-5192 with any concerns or questions

PVSC Spaghetti Dinner: PVSC members enjoyed a free spaghetti supper at the Church of Universal Fellowship in Orono on October 14. Following dinner, we were treated to a narrated slide show of the Huate Trail -- the mountaineer's path through the Alps from the Chamonix Valley below Mont Blanc to Zermatt under the Matterhorn. Dan Cassidy (below left) led off then turned the show over to Dave to take us across the Alps, around the crevasses, into the posh mountain huts and inns along the way, and down into Zermatt -- after showing the crowd some of the equipment (below) he and Dan used. On the left, Gabe Gauvin goes over preparations for the Ski Sale, and PVSC Vice-President Daniel Perkins outlines some of the upcoming Club programs.





**Promoting Skiing
Since 1936**

Dave Gauvin, President
dmg378@gmail.com

Dan Perkins, Vice President
daniel.perkins@maine.edu

Sally Burke, Secretary
rsburke87@gmail.com

Cindy Dunlap, Membership
robert.dunlap@maine.edu

Richard Judd, Newsletter
richard.judd@umit.maine.edu

Stay Connected!

www.pvskiclub.org

At the October 14 Spaghetti Dinner

Bob and Cindy Dunlap
Dan and Gretchen Gagnon
Gabe and Dave Gauvin
Jen and Amdy Tyre
Sue and Bucky Owen
Dan and Dina Cassidy
Paul Blood
Tamara Levitsky and Family
Barbara Boone
Tom Blanger
Brian and Valerie Young

Alden Gordon
David and Sandra Rogerson
Ian Gillis and Family
Pat and Richard Judd
Doug, Susan, and Jill Hein
Jenny, Jon, Isabelle and
Nathan Shemwell
Tracey, Lake, Jett, and
Skye Lindeloff
Jim Rose and Mindy Crandall
Lauren Jacobs and Daniel

Aaron, Eli, Isaac Hoshide,
and Yusuice I.
Joel Farley
Carin Sychterz and Family
Cliff, Susan, Michael Wells
and Bach Nguyen
Tim Bruce
Alice Bruce
Dave Cassidy
Amy Van Kirk
Joe Harkins



Perkins
**Congratulations Lauren and
Daniel!**



November 2014



Snowflurries Newsletter

Return to:
Cindy Dunlap
7 Woodland Drive
Orono, ME 04473